

# **Position Description Primary/Family Care Nurse Practitioner**

## **The Organization**

Lifestyle Medicine Solutions (LMS) is an innovative primary care practice with three clinics in the Inland Empire Region of Southern California. LMS's approach to primary care is unique in that we address not just the symptoms of illness, but also the underlying root causes of disease, wanting to restore people back to health rather than just manage their sickness. We believe quality and value based care is more important than quantity. For more information about LMS, please visit <a href="https://www.lifestylemedicinesolutions.com">www.lifestylemedicinesolutions.com</a>.

#### The Role

The Nurse Practitioner is a core primary care and lifestyle medicine health care provider. The qualified individual will work both independently as well as alongside physicians, MACNs (Medical Assistant Coach Navigators), dieticians and other members of the LMS health care team. She/he will see patients one on one, and will also participate in morning huddles, group visits, and connectivity councils. This full time position will focus on two of our three offices – Corona and Riverside.

## **Essential responsibilities**

- Functions independently to perform age-appropriate history and physical for complex acute, critical, and chronically ill patients
- Orders and interprets diagnostic and therapeutic tests relative to patient's age-specific needs
- Prescribes appropriate treatment modalities, based on LMS's lifestyle medicine philosophy
- Implements interventions to support the patient to regain or maintain physiologic stability
- Monitors the effectiveness of interventions
- Collaborates with multidisciplinary team members by making appropriate referrals.
- Facilitates staff, patient and family decision making by providing educational tools.

#### Minimum qualifications

- Graduate of an accredited school of nursing/accredited Nurse Practitioner Program
- Certified or commitment to be certified in Lifestyle Medicine (see ABLM.co)
- Licensed (or licensable) in the state of California
- Strong computer skills, including Word, Excel, and PowerPoint
- Bi-lingual (English/Spanish) preferred

#### **Experience**

Five years of experience as a Nurse Practitioner is preferred