

GAMMA ALPHA CHAPTER NEWS



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SEPTEMBER-DECEMBER 2018

Top stories in this newsletter



Members inducted into academies of nursing



Community Outreach



Programs and Chapter involvement



Nursing Science Seminar

Members Inducted into Academies of Nursing. CONGRATULATIONS!



We are so proud of our member's accomplishments! Jan Nick PhD RNC-OB, CNE, FAAN is a Fellow of the American Academy of Nurses. She was inducted March 6, 2018. Elizabeth Johnson Taylor PhD RN is a Fellow of the American Academy of Nurses. She was inducted on November 3, 2018. Lisa Robert DrPH FNP is a Fellow of the American Academy of Nurse Practitioners (FAANP) and was inducted on June 28, 2018.

Believe Walk 2018—Team Gamma Alpha's 12th Year



We were a small but mighty group (who slept in?) fighting cancer and supporting cancer patients and their families in the Southern California Inland Region. This wonderful community event raises over \$300,000 a year. Our chapter has had walkers and runners every year since the event's inception in 2006. Over 10,000 community individuals and organization members participated this year.

Chapter sponsors Will Alexander Wholeness Series Program on Sleep

The Gamma Alpha Chapter sponsored a program of the Will Alexander Wholeness series last October 24. The keynote speaker was Dr. Roger Seheult whose topic was the importance of getting adequate sleep. His words of wisdom and presentation of evidence from the scientific literature was much appreciated by sleep deprived students! Gamma Alpha members organized by our president, Lisa Roberts, offered sleep hygiene and blood pressure assessments. Forty-five participants were screened and 12 referrals were given. See this one hour program for yourself! Go to: <https://home.llu.edu/campus-and-spiritual-life/wil-alexander-wholeness-series/waws-workshop-videos#10-24-18-bbs1>. Then simply click on "Sleep on it!"



The 23rd SoCal Joint Chapters Nursing Odyssey Conference

This year's conference entitled, "Designing the Future of Health Care: Nurses Connecting, Collaborating and Catalyzing" was held at the Hilton Hotel in Del Mar, CA, November 8 & 9, 2018. Chapter members presenting posters were: Patti Radovich & Invest Cocjin "Multidisciplinary Communication in Acute Care Pediatrics", Patti Radovich and staff, "Non-pharmacologic interventions for delirium prevention," Bernice Chapman-Stewart, "Reducing loss of revenue using evidenced-based admission criteria," Christine Lee, "Peanut ball use by women in labor: A literature review," and Zelne Zamora, "Using YouTube in teaching pharmacology." The Chapter sponsored 5 students to attend this year.



Keynote speaker was Patricia

Thompson, former CEO of STTI. Bernice Chapman-Stewart won the first place poster award in the innovative category.

Transition to the Workforce Luncheon for Seniors Students



Gamma Alpha members provided a panel of newly working RNs to give their "first job survival" advice to the 2018 graduating seniors at LLUSN. Topics discussed were tips on how to interview for a job, how to relate to co-workers and managers, followed by a question and answer session.

Nursing Science Seminar at LLUSN featured Dr. Tim Porter-O'Grady

Through the generosity of HRSA and the LLUSN Class of 1967, many of our members attended a "Nursing Science Seminar" on October 31 & November 1, 2018. Dr. Tim Porter-O'Grady gave us inspiring messages about the changes occurring in health care, and the roles in which nurses must engage. Health care is transitioning from fixed and finite processes to a world that is increasingly fluid, flexible, mobile and coordinates at the intersection. Student feedback was overwhelmingly positive.



Pictured with Dr. Tim are PhD students (first row L to R) Renee Ovando, Dr. Tim Porter O'Grady, Vina Ocampo.

Second Row (L to R) Georgina Michaels, Robert Semakula, Nia Martin, Marie Georges, Amanda Madrid, Nancy Brashear.

Evidenced-Based Practice Conference Collaboration with Eisenhower



The 2nd Annual Southern California Evidence-Based Practice Conference was held on October 4, 2018 and was entitled, "Practice Transformation: Applying the Pillars of Magnet." Featured speakers were Sheila Hass PhD, RN, FAAN and Gregory Crow EdD, RN. The conference



also featured a "research study in a day" looking

at pressure readings of different positions on a gurney. The program was a collaborative effort with Eisenhower Medical Medical Center in Palm Springs, CA.

Christmas Gift Drive for Foster Adolescents in San Bernardino County

San Bernardino County Supervisor Janice Rutherford invited all local community organizations to a "Holiday Dessert Extravaganza." The "entrance fee" was to bring Christmas gifts for the County's youth in the Foster Care System. Gamma Alpha Board members and friends put together quite a pile of items valued at \$700! Particularly requested items were personal care gift sets, hair dryers, curling irons, socks, tee shirts, manicure sets, cologne, soap, and games like Yahtzee. Chapter Advisor Ellen D'Errico attended the event to represent the chapter and had a chance to mingle with many community leaders. Thanks to all who contributed to this worthy project!



Upcoming Events

Wed. Feb. 20, 2019—Gamma Alpha Invitational Tea 11AM set up

Mon. April 22, 2019—Annual Business meeting 5-7PM West Hall

Thurs. June 13, 2019—Induction (Senior student banquet 6/12/19)

July 25-29, 2019—30th International Nursing Research Congress- Calgary, Alberta, Canada

Your Gamma Alpha Board Members

President—Lisa Roberts—Iroberts@llu.edu

Vice President—Fayette Truax

Secretary—Michelle Balllou

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Publicity and Social Media—Brianna Carr

Chapter Advisor—Ellen D'Errico

Past President—Iris Mamier

Happy Holidays!

