



# Sigma Theta Tau International North America Region 2

Southern California, Arizona, New Mexico, West Texas

September 2012

Regional Coordinator: Dale Mueller, EdD, RN, NEA-BC  
Newsletter Editor: Leslie Delfin

Greetings Everyone!

A warm welcome to those returning Chapter Officers and Leaders, and an especially big welcome to those of you who are serving your first year, or for the first time! Feel free to get in touch with anyone on our Regional Committees or just contact me directly should you have questions about chapter operations or bylaws, awards, event planning or whatever might be on your mind where help is needed. You have a fantastic group of experienced leaders who are ready to assist in achieving leadership development goals as well as chapter goals.

For those of you who were able to attend our round of Region 2 Leadership Conference Calls, I thank you for your willingness to share ideas and to be a liaison in taking ideas back to your Board. I will be sending a brief survey in a couple of weeks to inquire as to what ideas or issues were the most helpful and/or captured for development by your Board.

In this newsletter, I'm going to provide some of the topics and reference materials that were covered on our call. If you were not able to attend in person, here are some materials that will give you a flavor of opportunities we have been discussing.

Each of the items mentioned here are on the Region 2 Officer Connect group Library on The Circle.

- **Chapter Health - what is it?** We discussed having an up-to-date delegate list on your Chapter information website in STTI, as well as procedural issues such as being current with bank deposits. There is a Chapter Health and Bylaws compliance checklist available for you.

**Nurses Week 2012 - survey results.** This was an informal survey about leadership and the future of nursing. Read the predictions for the next decade! Please do share the survey or comments as you wish - at chapter events or in your newsletter.

**The Flying Samaritans.** President Susan Smith of The Flying Samaritans, Rosarito, Baja California chapter has provided an introductory PowerPoint about this volunteer opportunity. Chapters are invited to through donations (medicine, equipment, financial) or at the clinics which are held 2nd and 4th Saturday each month. Several weekend trips are already planned for this year! We are gaining momentum with this project! (*continued on page 2*)



- **Call for Candidates 2013-2015.** Consider running for a leadership position with STTI to expand your skills and knowledge of the organization! If you would like to know more about the Regional Coordinator position, I would be happy to provide opportunities for you to learn more about the scope and responsibilities of the position.

Think about submitting an abstract to one of the upcoming conferences, or perhaps your Chapter would like to sponsor a member to attend. The two events that are coming up in 2013 and the 24th **International Research Congress in Prague**

[[http://www.nursingsociety.org/STTIEvents/ResearchCongress/Pages/2013\\_24\\_INRC\\_home.aspx](http://www.nursingsociety.org/STTIEvents/ResearchCongress/Pages/2013_24_INRC_home.aspx)] and the **STTI 42nd Biennial Convention**

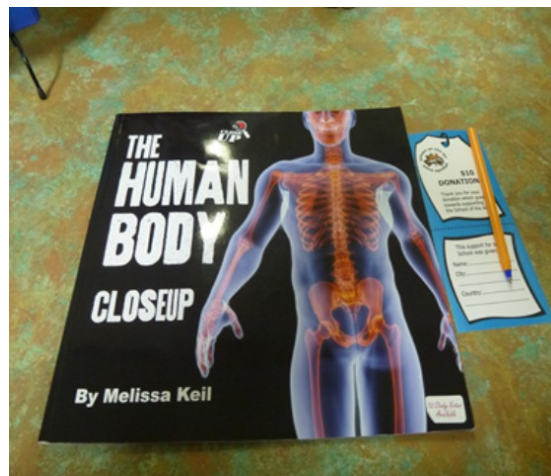
[[http://www.nursingsociety.org/STTIEVENTS/BIENNIALCONVENTION/Pages/42\\_2013\\_Home.aspx](http://www.nursingsociety.org/STTIEVENTS/BIENNIALCONVENTION/Pages/42_2013_Home.aspx)]. The call for abstracts is posted now on the event website.

To bring this greeting to a close on an "intentionally global" theme, I would like to share several newsy items where I was fortunate enough to be a participant and, hopefully, a contributor!

Iota Mu at the 23rd International Research Congress in Brisbane, Australia! Thanks to Cindy Ford for arranging this photo oppor-



A donation was made on behalf of Region 2 to furnish books for students attending the School of the Air headquartered in Alice Springs, Northern Territory, Australia.



This school began in 1951 and was an early attempt at distance education to provide schooling for the many children of farmers, mine workers and migrant families who live in isolation throughout the Northern Territory. Today, the school is thriving and integrates sophisticated technologies for distance delivery. The School supports children of families who live in remote locations (of which there are many such locations in the Outback!).



Distance Education in Australia

<http://australia.gov.au/about-australia/australian-story/school-of-the-air>

History of the School of the Air

<http://www.assoa.nt.edu.au/HISTORY/history.html>



Sharing a history with the School of the Air is the Royal Flying Doctor Service (RFDS), also located in Alice Springs, Northern Territory.

The RFDS began in 1928 through the humanitarian efforts of Reverend John Flynn. The purpose as a "safety net" service was to provide emergency services over the 7,000,000 square kilometers of remote but inhabited land throughout Australia.



The Royal Flying Doctor Service

<http://www.flyingdoctor.org.au/About-Us/Our-History/>

Royal Flying Doctor Service of Australia

<http://australia.gov.au/about-australia/australian-story/royal-flying-doctor-service>

I had the amazing opportunity to learn with the Originals about their history and stories that have endured for thousands of years (some say 50,000 years to date).

This young woman explained how Original culture (or at least her clan) viewed the story of stillbirth and the effect upon the mother. The story included how the mother healed her grief. This painting is over 10,000 years old.



Keep in touch! I am looking forward to including your own stories of global intentionality, leadership opportunities, and chapter events!

Feel free to send photos, articles and announcements: [region2stti@earthlink.net](mailto:region2stti@earthlink.net)

Yours in health,

Dale

## Meet the Awards and Mentoring Committee

**Marilyn Klakovich, DNSc., RN, NEA-BC**

Director of Continuing Education & Program Evaluation, Chair, Research Symposium Planning

I was inducted into STTI, Iota Sigma chapter in 1993 as a nurse leader and added Omicron Delta as a second chapter when it was established in 1997. I am currently the Chair of the Awards and Recognition Committee for Region 2, the Leadership Succession and Research Chair for Iota Sigma, and the President-Elect and Education Conference Planning Chair for Omicron Delta. I also serve on the Southern California Chapter Consortium that sponsors our annual Odyssey Conference. I will be presenting at the International

Nursing Research Congress (INRC) in Brisbane, Australia at the end of July and at the Leadership Forum in Indianapolis in September. As you can see, I am actively involved in STTI!

My most rewarding activity as a STTI member was the 10th anniversary of Omicron Delta where we had a combined board meeting and education conference plus a service activity aboard a cruise in Hawaii with Jean Watson and Brian Luke Seaward as our speakers!

I love opera and I love to travel, so I travel for opera! I have been all over the United States and to Great Britain, Austria, Italy, Sweden and Denmark.



### **Sue Gibson**

Hi. My name is Sue Gibson and I have been a physical rehabilitation nurse for 10 years. I joined Sigma Theta Tau International two years ago as a graduate student. Soon after joining, I attended the STTI Biennial in Grapevine, TX and then served as secretary in my local chapter Xi Theta. I received my MSN last December and am now serving as Vice-President of Xi Theta. As a new member of Sigma Theta Tau International, I look forward to becoming more involved and learning as much as I can about this great organization!



### **Cathy Northrup**

Cathy Northrup is currently working as the Chief Nurse Executive at a State Supported Living Center, working with developmentally disabled individuals. Having also been an Assistant Professor in nursing education, working with student nurses to promote STTI is very important. As current president of Omicron Zeta Chapter of Sigma Theta Tau International, I am a product of the Maternal Child Leadership Academy. This promotion of leadership has enabled me to grow as a leader. Chapters are always involved in accomplishments which need to be shared and rewarded! Write it down, turn it in!

### **Kathleen Taylor**

Kathleen Taylor currently works as a School Nurse with an Alternative Education Population through the Orange County, California, USA, Department of Education. As a Past President of the Iota Sigma Chapter of The Honor Society of Nursing, Sigma Theta Tau International out of Azusa Pacific University, Azusa, California and a Past Region 2 Coordinator of STTI it is exciting to see all the opportunities an individual chapter has to show itself off through all the different award applications. Therefore, encourage everyone to keep track of all that you do, regardless of how small it might seem, to let others know what you are doing,

## Year One (2011-2012) Report from Awards and Recognition Committee

As chair of the Awards and Recognition Committee for Region 2, I am pleased to report on our activities starting with when our committee was formed after the 2011 Biennial Convention until June 30, 2012. For more information on the committee members, please see our introductions in the “Meet the Awards and Mentoring Committee” section of this newsletter.

### Awards and Recognition: Committee Responsibilities

- Educate and assist chapters with award criteria and submission
- Serve as a regional judge for awards (Showcase of Regional Excellence (SRE) and Chapter Key Award [CKA])
- Coordinate chapter recognition at the regional level
- Provide advice and information about additional STTI level awards
- Serve as a resource and encourage chapters to create awards at the chapter level

Date	Activity
February 9, 2012	Committee membership determined. Initial conference call with Region 2 Coordinator and other committee members to discuss goals and priorities for committees.
February 23, 2012	Awards and Recognition Committee held first teleconference meeting. Specific goals established:  Outreach to chapters who have not received Chapter Key Award to see what assistance they might need Can use teleconference line to disseminate information Set up chapter-to-chapter mentoring between chapters that have/have not received Chapter Key Award Solicit input from previous CKA chapters to see if they would be willing to mentor. Publicize and encourage Showcase of Excellence (see information below) - Follow-up with Chapters when we know about eligible events to encourage submittals for Showcase awards Articles and tips in newsletters Doing monthly e-bulletins with Key Award and Showcase tips. Using STTIconnect column (confer with Communications committee) Newsletter articles.
March, 2012	Completed survey of chapters who have received Chapter Key Award in past to determine willingness to mentor. Presidents and President Elects emailed. 32 emailed -- 6 chapter leaders agreed to mentor other chapters.

April 3, 2012	Second teleconference meeting.
April 7, 2012	E-News Bulletin sent to Region 2 Chapter Leaders to introduce members and goals of Awards and Recognition Committee and to share best practice suggestions for getting started on Chapter Key Award. Article authored by Sue Gibson.
May, 2012	Completed survey of chapters who have not received Chapter Key Award in past to determine desire to be assigned mentor. Presidents and President Elects emailed. 24 emailed. Two (2) requested a mentor. Mentors assigned.
May 26, 2012	Email announcement sent to all Region 2 chapter leaders about CKA resources and webinars
June 6, 2012	<p>Third teleconference meeting. Set goals for July 1, 2012 till next Biennial Convention</p> <ul style="list-style-type: none"> <li>• Continue to assist chapters to be successful with CKA applications (see resources and due dates listed below) through ongoing communication via email bulletins, newsletters and teleconference (if requested by chapter leaders).</li> <li>• Promote Region 2 chapter applications for Showcase of Regional Excellence Awards and STTI International Awards.</li> </ul>

### **Chapter Key Award Information**

Resources available on website:

Information chapters can apply – checklist, webinar, conference call.

CKA Award Period for 2011-2013 Biennium

Year 1 – July 1, 2011 through June 30, 2012

Year 2—July 1, 2012 through June 30, 2013

Deadline to submit: July 15, 2013

**The Awards and Recognition Committee recommends the following webinar:**

### **Chapter Key Award Webinar**

In this 60-minute webinar, you will learn the history, eligibility requirements, timeline and criteria. Help your chapter receive the [Chapter Key Award](#) at the biennial. Visit this website for a schedule of upcoming webinars: [CKA](#).

### **Showcase of Regional Excellence**

All entries must be received prior to 1 October 2013 to be recognized at Biennial Convention. (See file)

Accomplishments being submitted for 2011-2013 recognition should represent one of the four areas of Suzanne Prevost's 2011-2013 Presidential Call to Action:

- Creating Your Legacy
- Engaging in Collaboration
- Embracing Technology

- Engaging in Collaboration
- Responding to Vulnerable Populations
- Embracing Technology

Visit this website for a schedule of upcoming webinars:

[http://www.nursingsociety.org/Chapters/Resources/Pages/tools\\_resources.aspx](http://www.nursingsociety.org/Chapters/Resources/Pages/tools_resources.aspx)

## **Region 2 Awards and Recognition Committee**

**Marilyn Klakovich (Lead)**

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**Kathleen Taylor**

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## **Regional Conferences and Chapter Events Flyers & Calls for Abstracts — go to Region 2 on The Circle**

**Iota Eta**

**Long Beach, CA**

**“Incivility in Nursing”**

**Sept 18, 6-8pm**

[iotaetachapter@gmail.com](mailto:iotaetachapter@gmail.com)

**Pi Omega, Delta Kappa, Gamma Sigma**

**Las Cruces, NM**

**“Nurses Leading Change and Transforming Care”**

**Keynote speaker: Dr Patricia Benner**

**Oct 26, 8:30am—4:30pm**

[piomega@nmsu.edu](mailto:piomega@nmsu.edu)

**Odyssey 2012**

**“Give Back to Move Forward: A Call to Action”**

**Consortium of 14 Southern California Chapters**

**Ontario Convention Center, CA**

**Nov 1 & 2**

<http://www.omicrondelta.net/>

[marlene.s.ruiz@kp.org](mailto:marlene.s.ruiz@kp.org)



Honor Society of Nursing, Sigma Theta Tau International

# Leadership Forum

20 - 22 September 2012 • Indianapolis, Indiana, USA

**3 Days ... 2 Events ... 1 Great Price!**  
**Register on site!**

Three full-days of educational programming encompassing two "stand-alone" events. One event is focused on Leadership and the other is focused on Chapter Leadership. Both events will include plenary and concurrent sessions, poster sessions, STTI Info Fair, exhibitors and networking with nurses from around the globe.

## **Leadership Event - 20-21 September**

Concurrent sessions are tailored to meet the needs of students, clinical nurses, academic nurses and nurses interested in volunteering and service. Nurses at every stage of their career will benefit from the diverse course offerings.

A total of 10.5 Continuing Nursing Education (CNE) contact hours are available during the Leadership Event.

### **Featured courses include:**

#### ***Lifelong Leadership: It Begins Now***

Students will have an opportunity to learn and understand that leadership development is lifelong. Students will learn to identify and develop long-term leadership plans.

#### ***The Future of Nursing: Implications for Transforming the Nursing Workforce***

Learn how IOM recommendations are transforming the nursing practice and leading change and advancement in health care.

#### ***Taking a Stand: Steps to Stop Incivility in the Academic Setting***

Reports of incivility are on the rise in academia. This session provides steps that help nurses recognize and prevent incivility among students and faculty.

Check out the Schedule-at-a-Glance webpage for the full list of leadership sessions that are available.

## **Chapter Leadership Event - 21-22 September**

To meet the needs of STTI chapters, 24 different concurrent sessions across six tracks have been developed for Leadership Forum. Along with two plenary sessions, these chapter-specific courses aim to help your chapter grow and thrive. Make sure your chapter is represented!

### **Featured courses include:**

#### ***Retention Intervention: Tips for Re-energizing Members***

Get members back involved in their chapter! During this panel presentation chapter leaders will have an opportunity to hear proven chapter best-practices in re-energizing members to keep them returning year after year.

#### ***Innovative Ideas for Generating Chapter Funds***

There's more to fundraising than bake sales! This chapter panel presentation gives chapters creative ways to generate non-dues revenue.

#### ***Technology-Based Tools to Deliver Quality Programs***

Take your chapter events to another level. Learn new tools to help deliver quality programs to members.

#### ***Making a Difference with Chapter Philanthropy***

What do you want to change or strengthen about nursing and health care in your community? Giving back is an integral part of nursing and STTI. This chapter panel focuses on chapter service.